1	In vitro Immunomodulatory effects of thymol and cinnamaldehyde in pig intestinal epithelial cell
2	line (IPEC-J2)
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4	C. Shen, L. G. Christensen, P. B. Rasmussen, and K. M. Kragh
5	Gut Immunology Lab, Technology & Innovation, DuPont Nutrition & Biosciences, Edwin
6	Rahrs Vej 38, Brabrand, 8220, Denmark
7	
8	Corresponding author: Chong.Shen@DuPont.com
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10	Abbreviated Title: Phytogenics in pig cell line
11	
12	Summary
13	Thymol and cinnamaldehyde are phytogenic feed additives (PFAs) developed to improve gut
14	health and growth performance in poultry and swine. This study aims to evaluate in vitro
15	immune modulating effects of thymol and cinnamaldehyde blend (TCB) in the porcine gut
16	epithelial cell line (IPEC-J2). Cytotoxicity, permeability, wound-healing and bacteria adhesion
17	assays were used for evaluation. The expression of cytokines, tight junctions and polymeric
18	immunoglobulin receptor (pIgR) were measured by RT-PCR. IPEC-J2 cells cultured in the
19	presence of TCB at concentrations ranging from 1 ng/ml to 1 μ g/ml displayed high viability (>
20	90%). TCB increased barrier integrity (13.8% less in LPS-induced leak, $P < 0.05$) and
21	accelerated the initial speed of wound recovery (day 1, 26% wound recovery in TCB treated vs
22	7% in control, P<0.05; day 2, 54 vs 39%, P<0.001). RT-PCR analysis of cell culture showed
23	that TCB upregulated anti-inflammatory cytokine IL-10 (73.3%, P<0.05) in non-stimulated

24 IPEC-J2 cells. While stimulated, pIgR (9.7%, P<0.05) and tight junctions claudin-4 (CLDN4,

9.4%, P<0.05) were upregulated by TCB. Furthermore, TCB significantly increased

26 Lactobacillus acidophilus adherence to gut epithelial cells (285.0%, P<0.05). Overall, the

current *in vitro* study shows that TCB induces various immune responses, which may explain
its *in vivo* benefits as feed additive.

29 Keywords: anti-inflammation, essential oils, wound-healing, cytokines, *in vitro* assay

30

31 Introduction

32 Current industrialised pig production brings health challenges from the environment, nutrition, 33 and infection (Lee et al., 2016). These stressors can reduce growth performance and alter 34 immune systems at systemic and local levels including the gastrointestinal tract (GIT). 35 Meanwhile, increasing restrictions on the use of antibiotics as feed additives has driven the 36 need to find new solutions, e.g. enhancement of the immune system to protect the host from 37 diseases (Zeng, Zhang, Wang, & Piao, 2015). Numerous studies have shown that phytogenic 38 feed additives (PFAs) like thymol, cinnamaldehyde and eucalyptol are beneficial in swine 39 production (Omonijo et al., 2018). This beneficial effect could be attributed to anti-40 inflammation, anti-oxidative stress, microbiome modulation, and disruption of bacterial 41 quorum sensing (QS).

42 Thymol and cinnamaldehyde blend (TCB) is a bio-efficacious PFA product which has proven 43 highly efficient in supporting improved gut health, feed digestion and growth performance in 44 poultry and swine (Li et al., 2012). This is in part due to the modulation to a more favourable 45 microbiota (Ouwehand et al., 2010). The recent poultry cell line-based in vitro assays revealed a beneficial immunomodulatory effect of TCB as indicated by positively regulating the 46 47 epithelial barrier integrity, enhancing phagocytic activity of monocytes/macrophages, and 48 activating immune cells for immune surveillance, as well as tolerance (Shen, Christensen, Bak, 49 Christensen, & Kragh, 2020).

50 In the present study, the immune modulation effects of TCB is investigated in *in vitro* assays 51 with porcine intestinal immune cell line IPEC-J2. The cells can differentiate in culture and exhibit enterocytic features, such as microvilli, tight junctions and glycocalyx-bound mucin
(Brosnahan & Brown, 2012). LPS was introduced as a cell stimulator so that cell performance
in both non-stimulated and stimulated status could be investigated.

55

56 Materials and Methods

57 Reagents

The TCB was a commercially available blend of 75% thymol and 25% cinnamaldehyde (Enviva® EO) that was manufactured and provided by DuPont Nutrition and Biosciences. The LPS (from *Escherichia coli* 026:B6) and all cell culture media, equipment and reagents were purchased from Thermo Fisher Scientific (Roskilde, Denmark), unless otherwise stated.

62

63 Cell line, bacterial strains and culture conditions

Pig intestinal epithelial cell line (IPEC-J2, ACC 701) was purchased from DSMZ
(Braunschweig, Germany). Cells were maintained in DMEM supplemented with 20% FBS, at
37°C with 5% CO₂ atmosphere. Cell cultures were supplemented with antibiotics (Penicillin
and Streptomycin, 100×). Normocin were added every three months (Invivogen, Toulouse
France).

69 The bacterial strains used in this study were Lactobacillus rhamnosus GG (LGG, DCS3373),

70 Lactobacillus acidophilus (L. acidophilus, DCS856), Clostridium perfringens (C. perfringens.,

71 DCS3284), Enterotoxigenic Escherichia coli (ETEC) K88 (DCS3370), ETEC 0138K81

(DCS3371) and Listeria monocytogenes (L. monocytogenes, DCS977) from the DuPont
collection. All bacteria were grown on Brain-Heart-Infusion (BHI) broth at 37°C under an
anaerobic atmosphere (Anaerocult, Merck, Darmstadt, Germany).

76 *Cytotoxicity assay*

Cells with viability > 97% were harvested and adjusted to 1*10⁶/ml. TCB (from 1 ng/ml to 1
mg/ml) was added accordingly. Some of them were cocultured with LPS (100 ng/ml). Cell
viability was measured after 24 hours by trypan blue staining and counted using a Countess II
FL Automated Cell Counter. The data represent one experiment of three replicates in each
condition.

82

83 Permeability assay

Pig epithelial cells (IPEC-J2) were differentiated on permeable filters (Thincert Pore 0.4 µm, 84 Greiner Bio-one). Briefly, on day 1, cells were seeded at a density of 5.0×10^4 cells/well on 85 cell culture inserts in complete cultivation medium (without phenol red) and differentiated for 86 21 days. On the 4th day of differentiation, the cells were moved to asymmetric serum-conditions 87 88 using the serum-free cultivation medium on the apical side and the complete medium on the 89 basal side of the insert. This condition was used until the end of the differentiation by changing 90 the media at three to four days intervals. On day 20, a quality control was performed for each 91 insert prior to the experiment with TEER measurement (Inserts with TEER value above 20,000 Ω/cm^2 are included in the assay). TCB (100 ng/ml) was then first added and cultured overnight 92 93 and the next day (day 21) LPS (100 ng/ml) was added in some of the conditions for 2 h. FITC-94 Dextran (4 KD, FD4, 10 µg/ml) was then added on the apical side. After time point 1 h and 4 h 95 culture medium from basolateral side was collected and OD was measured at 485/535 nm. An 96 independent serial dilution of FD4 in medium was measured in parallel and OD/FD4 standard 97 curve was established accordingly. The leak percentage of the barrier was calculated using the 98 following formula:

99 Leak % = (Dose $_{\text{basolateral}}$ /Dose $_{\text{apical}}$) x 100%

100 The experiments were performed in triplicate giving a total of nine replicates in each condition.

101

- 102 Wound-healing assay
- Pig epithelial cells (IPEC-J2) were first pre-cocultured with TCB (100 ng/ml) for 3 days in grid petri dishes. Then the culture medium (day 0) was refreshed and LPS (100 ng/ml) was added in some of the cultures. A 'wound' was made using a cell scraper in a 9×9 square grid, which covers a 1.8 cm ×1.8 cm square area. 'Healing' was recorded by daily microscope observation and recovery area was calculated with the following equation:
- 108 Recovery% = (Number $_{grid with cells}/81$) x 100%
- 109 The experiments were performed in triplicate giving a total of seven replicates for each110 condition.
- 111
- 112 *RT-PCR*
- 113 For RT-PCR, pig epithelial cells (IPEC-J2), were first cultured with TCB (100 ng/ml) for 2 h
- and then LPS (100ng/ml) was added. After 6 h culture, cell pellets were collected for RT-PCR
- analysis. RNA extraction, quality control and RT-qPCR were performed at Eurofins AROS as
- 116 described previously (see (Shen et al., 2020) and Supplementary Table S1).
- 117 Data were first normalized to two sets of house-keeping genes using the following equation:
- 118 Value= $2^{-(Ct \text{ sample-Ct house-keeping})} \times 10^6$
- 119 Value (-), W/O LPS was then used as background expression (100%). All values were compared to
- 120 Value (-), W/O LPS and shown as:
- 121 % expression change = Value / Value (-), W/O LPS *100%
- 122 The data represented three independent experiments with nine replicates.

124 Bacteria adhesion assay

IPEC-J2 cells were seeded in 24-well plates, 1×10^5 cells / well. The cells grew for a week until 125 they reached a monolayer confluence. Bacteria suspension was diluted serially and plated onto 126 127 BHI agar plates (Bacteria loaded). The same bacteria suspension in PBS were added to IPEC-J2 128 cells in each well. After 30 min incubation, the cell monolayer was gently washed 5 times with 129 PBS and lysed with cold 0.1% Triton X-100. The lysates containing total cell-associated 130 bacteria were diluted serially in PBS and plated onto BHI agar plates at 37°C for the 131 enumeration of adherent bacteria (Bacteria adhered). In parallel, bacteria suspension was also 132 diluted serially and plated onto BHI agar plates (Bacteria loaded). Bacteria binding affinity is 133 calculated using the following equation: 134 % binding = (CFU Bacteria adhered / CFU Bacteria loaded) x 100% 135 Data are shown after normalization to its blank control and shown as a relative change: % binding = % binding _{TCB or control} / % binding _{control} x 100% 136 137 The data represented three independent experiments with nine replicates. 138 139 Statistical analyses 140 Student paired t tests were used for all assays. The comparison and the statistics were calculated

141 between each two groups, assuming two-tail and unequal variance data distribution. The values

142 with statistical significance are stated in the figures.

143

144 **Results and discussion**

Epithelial cells form the first line barrier in gut mucosa and initiate the immune response, which is essential in the host response to invading microbes (Akira, Uematsu, & Takeuchi, 2006). We investigated *in vitro* immune modulation effects of TCB in pig intestinal epithelia cell line (IPEC-J2). 149 *Cytotoxicity*

150 IPEC-J2 cells exhibited high viability after 48h exposure to TCB at concentrations up to a

151 maximum of 1 μ g/ml, as indicated by consistent cell viability rates of > 90% (Table 1). The

addition of LPS (100 ng/ml) to the TCB-treated cultures did not produce any cytotoxic effects;

- 153 cell viability was maintained at > 90% in LPS-treated cultures (Table 1).
- 154

Table 1. Cell viability after 48h cultured with a thymol and cinnamaldehyde blend (TCB)

156	(experiments were	performed in du	plicate with six ex	perimental re	plicates r	per treatment).
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	TCB ¹		Blank control		
Culture condition	Cell viability,	SEM	Cell viability,	SEM	<i>P</i> - value
	%	SEM	%	SEM	
without LPS	95,3	1,45	93.3	1.20	0.53
with LPS ²	91.3	0.50	93.7	0,88	0.42

¹⁵⁷ ¹Cells were cultured with TCB (100 ng/ml) for 48h.

158 ²100 ng/ml.

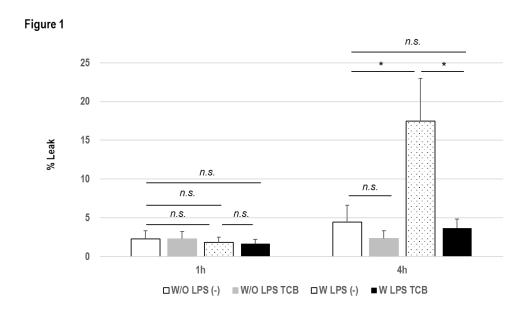
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160 Permeability assay

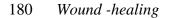
161 Permeability assay showing paracellular influx, is closely associated to the tight junction (TJ) 162 protein dynamics and gut integrity (Gao et al., 2017). LPS was used to cause defects of the tight 163 junction and further led to an increase in intestinal permeability (Guo, Al-Sadi, Said, & Ma, 164 2013). The effects of TCB on intestinal permeability were investigated by measuring the 165 paracellular flux of fluorescent tracers with FD4 across IPEC-J2 cell monolayers at two time points: 1 h and 4 h after coculture. The paracellular flux of FD4 significantly increased (P < 0.05) 166 in LPS treated cell monolayers at time point 4 h (Figure 1). In comparison, LPS-induced FD4 167 168 leak was not observed in TCB pre-treated cells (P < 0.05).

169 The data thus indicates that TCB abolished the detrimental effect of LPS and restored the barrier 170 integrity. Claudin-4 (CLDN4) is a TJ plays crucial role in modulating paracellular permeability 171 of epithelial cells (Cong et al., 2015). The mitigation of intestinal permeability caused by TCB 172 was concomitant with the increased expression of the CLDN4, as observed in the result of RT-173 PCR. A recent study (Omonijo et al., 2019) similarly showed that thymol alone could attenuated 174 LPS effect, as evidenced by an increased TEER value as well as a reduced permeability. In 175 addition, the same finding with cinnamaldehyde was also reported (Sun, Lei, Wang, Wu, & 176 Wu, 2017).

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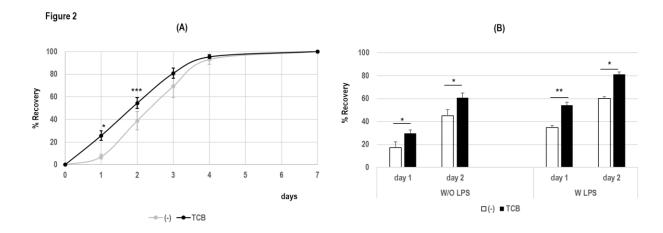
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Upon injury, epithelial wound healing is orchestrated by a series of events that emanate from the epithelium itself as well as by the temporal recruitment of immune cells into the wound bed (Leoni, Neumann, Sumagin, Denning, & Nusrat, 2015). The wound-healing assay mimics cell migration and tissue regeneration during wound healing *in vivo*. In a kinetic study (Figure 2A), cells precultured with TCB (100 ng/ml) had a faster onset of recovery (*vs* control, on day 1 from 7 to 26%, *P*<0.05; on day 2 from 39 to 54%, *P*<0.001) after 'wounding'. In the later 187 experiments, this promoting effect of TCB has also been observed in LPS challenged cells (day
188 1: *P*<0.01; day 2, *P*<0.05, Figure 2B).

Our data shows that TCB assisted epithelial cells with rapid restitution, indicating existing cells migrate along the exposed basement membrane to fill in the defects and restore epithelial barrier integrity. Unexpectedly, LPS showed an accelerated *in vitro* wound-healing. Similar results have been shown by other groups in both airway and gut epithelial cells *in vivo* models (Fukata et al., 2005) (Ueki, Koff, Shao, Nadel, & Kim, 2014). Both studies indicated that LPS/TLR4 signaling plays a role in intestinal response to injury and in limiting bacterial translocation, as a response of host against pathogenic microorganisms.

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199 *Biomarkers (cytokines, tight junctions and pIgR)*

The imbalance between pro-inflammatory and anti-inflammatory cytokines results in disease progression and tissue damage and limits the resolution of intestinal inflammation in pig intestine in PWD (Rhouma, Fairbrother, Beaudry, & Letellier, 2017). Over-production of proinflammatory cytokines such as TNF, results in intestinal mucosal injury and dysfunction, and consequently results in poor growth of pigs (Liu, 2015).

205 Using RT-PCR we further tested the effect of TCB on IPEC-J2 cells, under different 206 circumstances (non-stimulated or LPS-stimulated) at the mRNA level. TCB upregulated anti207 inflammatory cytokines IL-10 (P<0.05, Figure 3A) in non-stimulated cells. TNF, a pro-208 inflammatory cytokine, was numerically down-regulated by TCB, but only in LPS challenged 209 cells. There is no significant changes of other pro-inflammatory cytokines, such as IL-8 and 210 granulocyte-macrophage colony-stimulating factor (GM-CSF). For tight junctions (Figure 3B), 211 CLDN4 was upregulated in TCB cultured LPS-stimulated cell (P<0.05), yet non-challenged 212 cells showed the same numerical trend. The expression of OCLN seemed to increase slightly, 213 yet not reaching statistical significance. Finally, pIgR, the carrier of SIgA was upregulated 214 slightly yet significantly (P<0.05) by TCB in LPS-stimulated cells (Figure 3C). Our in vitro 215 work showed TCB to upregulate of anti-inflammatory cytokines IL-10 meanwhile pro-216 inflammatory cytokine TNF was down-regulated. Therefore, TCB has the potential to avoid 217 excessive activation of GI immune system which would be an important way to improve the 218 efficiency of pig production. Another interesting finding is that pIgR was upregulated by TCB. 219 pIgR is an important transporter for dimeric IgA (dIgA), together with secreted component 220 (SC), which forms a secreted form of IgA (SIgA) and transfers dIgA from basal to apical 221 side (Johansen & Kaetzel, 2011). SIgA further interacts with antigens/pathogens, 222 neutralizing their ability to cause disease. Upregulation of pIgR by TCB indicates its potential 223 in pathogens clearance and homeostasis maintenance in microenvironment. Overall, our in vitro 224 results suggest that TCB has potential to reformat the cytokines panels in vivo.

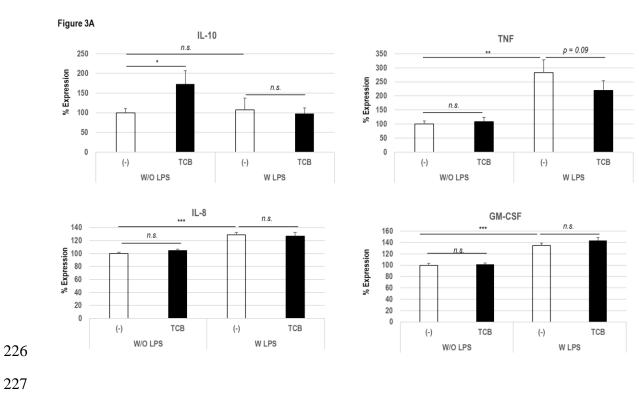
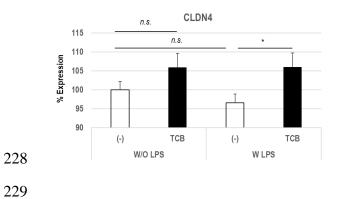


Figure 3B



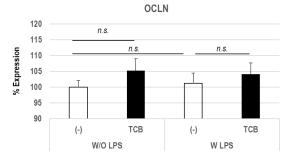
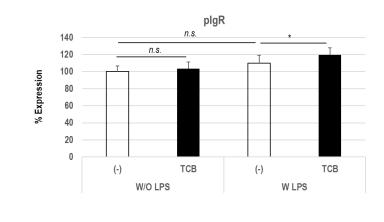


Figure 3C



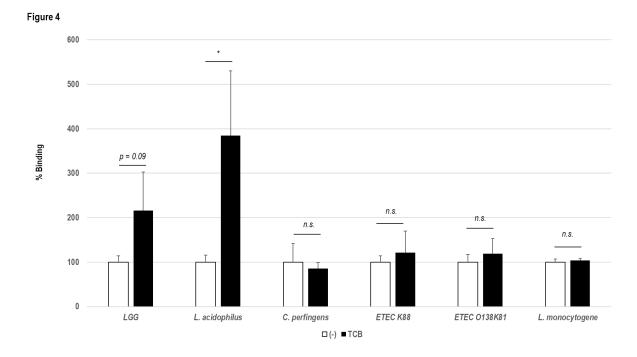
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232 Bacteria adhesion assay

233 The concept of probiotics is a proven solution to improve animal gut health and production 234 performance (Liao & Nyachoti, 2017). Lactobacillus is one of the most commonly used bacteria 235 in swine production (Markowiak & Slizewska, 2018). Others (Zhao & Kim, 2015) reported that 236 weanling pigs fed L. reuteri and L. plantarum (Direct Fed Microbial, DFM) had improved 237 performance. This seemed to be a viable alternative to antibiotics used as growth promoters. 238 However, these positive effects were not observed in all pig experiments (Zimmermann *et al.*, 239 2016). This leads to the discussion of the ability of bacterial strains to adhere to intestinal 240 epithelium, to be the key step in the successful colonization and execution of probiotic effects 241 (Larsen, Nissen, & Willats, 2007).

242 The effect of TCB on adherence of Lactobacillus rhamnosus GG, Lactobacillus acidophilus, 243 Clostridium perfringens, Enterotoxigenic Escherichia coli K88, ETEC 0138K81 and Listeria 244 monocytogenes is shown in Figure 4. Preculture of IPEC-J2 cells with TCB significantly 245 enhanced (P<0.05) the binding of Lactobacillus acidophilus, for which adhesion was increased 246 by more than 2 to 3-fold, as compared to the control without TCB. Adhesion of LGG bacteria 247 was numerically increased (P=0.09). In comparison, there were no significant changes in 248 attachment of Clostridium perfringens., ETEC K88, ETEC 0138K81 and L. monocytogenes. 249 Therefore, TCB enhancing L. acidophilus adhesion is considered to be strain specific and might 250 be helpful in improving gut colonization by DFMs.

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- 252



254 The former in vivo study of TCB, added supplementary to the diet of weaned pigs showed 255 potential as an alternative to traditional antibiotics (Li et al., 2012). This is evidenced by 256 increased weight gain, better nutrient utilization and improved intestinal morphology. Though 257 in vitro epithelial cytokine production is not fully comparable to the systemic plasma level in 258 vivo, both studies indicate the anti-inflammatory trend of TCB: in vivo there is less pro-259 inflammatory cytokine production (IL-1 β and IL-6), while anti-inflammatory cytokine IL-10 is 260 upregulated in *in vitro* cell line. Additionally, a higher ratio of *Lactobacillus* vs *E. coli*. is found in vivo, due to the increased count of Lactobacillus spp. while E. coli remains unchanged. This 261 262 is well aligned with the observation in the *in vitro* bacterial adhesion assay, indicating IPEC-J2 263 cells are a powerful, cost-effective tool for probiotic screening.

253

The previous *in vitro* study based on poultry cell lines similarly showed the immune modulation effect of TCB (Shen *et al.*, 2020, in press). Whether this is related to the same pathway is still unclear. On one hand, IL-10 upregulation is observed in both species and downregulation of inflammatory cytokines, such as IL-1 β , IL-6 and IL-8 is more evident in chicken monocytes; on the other hand, the enhancement of barrier integrity by TCB are validated in both species, however the discrepancy of assay used in two studies should not be ignored (poultry: TEER assay; swine: permeability assay). This is due to the characters of the individual cell lines. For example, lack of the poultry gut epithelial cell line (LMH, chicken hepatocytes used instead) restricted us testing permeability of the cell membrane, while high background TEER value of IPEC-J2 (likely due to the culture with fetal bovine serum (Vergauwen, 2015) might mask the effect of TCB. Permeability assay indeed is more sensitive in leaky cell monolayers and changes in paracellular cell junctions (Benson, Cramer, & Galla, 2013), and from another aspect validates the beneficial effect of TCB in improving barrier integrity in both poultry and swine.

278 Conclusion

279 Taken together, our findings of TCB modulation of immune responses in vitro in cell lines, as well as the observation from in vivo animal trials, indicate a positive role of TCB in modulating 280 281 the mucosal immune system. We conclude TCB's beneficial functions from multiple aspects: 282 TCB upregulates tight junctions and promotes intestinal wound recovery, thus it greatly 283 improves epithelial integrity and protects the host from pathogen invasion; TCB enhances 284 production of pIgR and facilities Lactobacillus adhesion, which might modulate microflora; 285 TCB activates cells for immune surveillance and may modulate a sufficient and more precise 286 response, adjusting the balance between immunity and tolerance. All these aspects may 287 compose TCB's mode of action in establishing immune modulation, holistically.

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368 **Figure legends**

369 **Figure 1.** TCB positively modulates *in vitro* epithelial integrity.

370 Pig epithelial cells (IPEC-J2) were pre-cocultured with TCB (100 ng/ml) overnight, and then

371 some were stimulated by LPS for 2 hours. 10 μ g FITC-Dextran powder (4KD, FD4) were then

added at the apical side. After time point 1h and 4h culture, medium from basolateral side was

373 collected and OD was measured at 485/535. The experiments were performed 3 times with total

9 replicates in each condition. Data are shown as mean \pm SEM. *: *P*<0.05; n.s.: not statistically

375 significant. W/O LPS: LPS was not added to cells; W LPS: LPS was added to cells.

376 **Figure 2.** TCB enhances *in vitro* epithelial regeneration.

377 Pig epithelial cells (IPEC-J2) were pre-cocultured with TCB (100 ng/ml) for 3 days. Then on 378 day 0 culture medium were refreshed and "wound" was made by cell scrapers. The starting 379 empty area was count as 0 %. Cell recovery area was calculated as % daily as shown. Data are 380 shown as mean \pm SEM. (A) Kinetics of cell recovery. Each dot represents two experiments with 4 replicates. *: P<0.05; **: P<0.01; ***: P<0.001, TCB vs control. (B) Cell recovery under 381 382 LPS stimulation. In separate experiments, cells were precultured with TCB as described 383 previously. On Day 0 some of the wells were challenged with LPS (100ng/ml) while "wound" was made. Each column represents three experiments with 7 replicates. *: P<0.05; **: P<0.01; 384

385 ***: P<0.001. W/O LPS: LPS was not added to cells; W LPS: LPS was added to cells.

Figure 3. Immune modulatory effect of TCB on *in vitro* pig epithelial cells, measured by RTPCR.

Pig epithelial cells (IPEC-J2) were pre-cocultured 2 hours TCB (100 ng/ml) and then were stimulated by LPS (10 0ng/ml) and further culture for 6 hours. Data are from 3 independent experiments with 9 replicates. Data are normalized to 2 sets of house-keeping gene and shown as a relative % expression after comparison to the Value (-), W/O LPS. 100% expression is considered as a basal expression. Data are shown as mean ± SEM. *: *P*<0.05; **: *P*<0.01; ***: 393 P<0.001; n.s.: not statistically significant. W/O LPS: LPS was not added to cells; W LPS: LPS

394 was added to cells. (A) Anti-inflammatory cytokine IL-10 and pro-inflammatory cytokine TNF,

395 IL-8 and GM-CSF; (B) Tight junctions; (C) pIgR.

Figure 4. TCB facilitates *Lactobacillus acidophilus* adhesion on pig epithelial cells grown *in vitro*.

398 IPEC-J2 cells were seeded and grew for a week till reach a monolayer confluence. Bacteria 399 suspension was diluted serially and plated onto BHI agar plates (Bacteria loaded). The same 400 bacteria suspension was added to IPEC-J2 cells in each well. After incubation, the cells were 401 washed and lysed. The lysates containing cell-adhered bacteria were diluted serially in PBS and 402 plated onto BHI agar plates at 37°C for the enumeration of adherent bacteria (Bacteria adhered). 403 Bacteria binding affinity is calculated with the following equation: Value binding = CFU 404 Bacteria adhered / CFU Bacteria loaded, and then data is shown as relative value % expression after 405 comparison to the Value (-). Data are from 3 independent experiments with 9 replicates. *: 406 P<0.05; n.s.: not statistically significant. LGG: Lactobacillus rhamnosus GG; L. acidophilus: 407 Lactobacillus acidophilus; C. perfringens: Clostridium perfringens; ETEC K88: 408 Enterotoxigenic Escherichia coli K88; ETEC 0138K81: Enterotoxigenic Escherichia coli 409 O138K81; L. monocytogenes: Listeria monocytogenes.